

SUNDAY	An Sanctoir	Chakra Palace	Shanti Shala	Mandala Temple	2 Rivers	Sound Temple	Earth Lodge
7-8.15am	Vinyasa Yoga Flow <i>Chani Waites</i>	Tai Chi Qigong Spectacular! <i>Yogi Cho</i>				Open space	
7.30-9.15am	Breakfast						
9.15-9.45am	Morning Circle						
10-11.30am	12 Directions Chi Kung <i>Yogi Cho</i>	Movement Medicine Session <i>Charlie Sundstrom</i>	Kundalini Yoga <i>Mukhande Kaur</i>	Ashtanga Yoga <i>Gillian McIlroy</i>	The Highest Yogas (Raja/Kria) - Talk <i>Mariananda Exley</i>	Mother Drum Soundbath <i>J.P & the Corinna's</i> <hr/> Start 11.00 Rumi Verse <i>Grace Wells</i>	Chai, chill and chat All Day
11.45-1.15pm	Alchemical Yin Yoga <i>Ellie La Trobe</i>	Hatha Yoga Flow with Ragga Guitar <i>Corinna Fisher & Kenny Dread</i>	Scaraveli Yoga <i>Margaret Hardman</i>	Somatic Yoga Hips/sacrum alignment <i>Clair Lalor</i>	Tailte Meditation <i>Mukhande Kaur</i> <hr/> Start 12.45 Yoga Nidra <i>Bella Hancock</i>	Stories of Deities <i>Join our yoga teachers for their sharing of Deities</i>	<i>Improv. Jams, Debates, Bindhi's Poetry</i>
1.15-3.15pm	Lunch						
3.15-4.45pm	Comfy Concert <i>Lea Miklody -Cello</i> <i>Corina Fisher-Shruti</i>	Meridian Stretching, Qigong, Heart Meridian <i>Pam Skinner</i>	Introduction to Kirtan <i>Kenny Dread</i> <hr/> Start 4.15 Universal Peace Dance <i>Clair Lalor</i>	Land Dance <i>Tara Brandel</i>	Yoga Nidra & the Art of San Kalpa <i>Claire Osbourne</i>	Sat Nam Rasayan A Journey into this Healing Art <i>Harkirat</i> Finish 4.15	<i>India yoga glam.. through the day</i>
5.15-6.15pm	Closing Ceremony Community Circle						
7-8pm	Dinner						
8-10pm	Kirtan						